Inequalities - Part 2

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In Part 1 of this series of articles, we had considered the arithmetic meangeometric mean inequality along with some variants and some applications. Now in Part 2, we look at the Cauchy-Schwartz inequality and some applications.

The Cauchy Schwartz Inequality

An important result often used in mathematical Olympiads is the Cauchy-Schwartz inequality. It is especially useful in proving inequalities that have cyclic and symmetric terms. It can also be used to prove many established inequalities. Here is the statement of the result.

Theorem 1 (Cauchy-Schwartz inequality). If

 $a_1, a_2, \ldots, a_n > 0$ and $b_1, b_2, \ldots, b_n > 0$, all numbers being real, the following inequality holds

$$\begin{pmatrix} a_1^2 + a_2^2 + \dots + a_n^2 \end{pmatrix} \cdot \begin{pmatrix} b_1^2 + b_2^2 + \dots + b_n^2 \\ \ge (a_1b_1 + a_2b_2 + \dots + a_nb_n)^2 \end{pmatrix}$$
(1)

with equality precisely when the sequences are proportional to each other, i.e.,

$$a_1 = tb_1, \quad a_2 = tb_2, \quad \dots, \quad a_n = tb_n \tag{2}$$

for some real number *t*.

Proof. The proof of the theorem is from [1]. Recall the AM-GM inequality for two positive numbers *x*, *y*: it states that $x + y \ge 2\sqrt{xy}$, with equality if and only if x = y. We apply this as shown below.

Let $A = a_1^2 + a_2^2 + \dots + a_n^2$, $B = b_1^2 + b_2^2 + \dots + b_n^2$. For $i = 1, 2, \dots, n$, we have:

$$\frac{a_i^2}{A} + \frac{b_i^2}{B} \ge \frac{2a_ib_i}{\sqrt{AB}}$$

Summing the *n* inequalities, we get:

$$\frac{A}{A} + \frac{B}{B} \ge \frac{2(a_1b_1 + a_2b_2 + \dots + a_nb_n)}{\sqrt{AB}}$$

$$\therefore \quad \sqrt{AB} \ge a_1b_1 + a_2b_2 + \dots + a_nb_n,$$

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i.e.,

$$(a_1^2 + a_2^2 + \dots + a_n^2) \cdot (b_1^2 + b_2^2 + \dots + b_n^2) \ge (a_1b_1 + a_2b_2 + \dots + a_nb_n)^2.$$

Equality holds if and only if for each subscript *i* we have:

$$\frac{a_i^2}{A} = \frac{b_i^2}{B},$$

i.e., $a_i = tb_i$ where $t = \sqrt{A}/\sqrt{B}$.

Theorem 2 (Alternative form of Cauchy-Schwartz). If $a_1, a_2, \ldots, a_n > 0$ and $b_1, b_2, \ldots, b_n > 0$, all numbers being real, the following inequality holds

$$\frac{a_1^2}{b_1} + \frac{a_2^2}{b_2} + \dots + \frac{a_n^2}{b_n} \ge \frac{(a_1 + a_2 + \dots + a_n)^2}{b_1 + b_2 + \dots + b_n}.$$
(3)

Moreover, equality holds if and only if $a_1/b_1 = a_2/b_2 = \cdots = a_n/b_n$.

Proof of the alternative form. The proof is from [1]. We proceed inductively, starting with the case n = 2. This specific case may be stated as follows: If a, b > 0 and x, y > 0, all numbers being real, then

$$\frac{a^2}{x} + \frac{b^2}{y} \ge \frac{(a+b)^2}{x+y},$$

with equality if and only if a/x = b/y. To prove this, we bring all the terms to one side and multiply through by xy(x + y), which is a positive quantity. We obtain:

$$(x+y) (a^2y + b^2x) - xy(a+b)^2 = a^2y^2 - 2abxy + b^2x^2$$
$$= (ay - bx)^2 \ge 0,$$

with equality if and only if ay - bx = 0, i.e., a/x = b/y.

Now consider the case n = 3. The result may be stated as follows: If a, b, c > 0 and x, y, z > 0, all numbers being real, then

$$\frac{a^2}{x}+\frac{b^2}{y}+\frac{c^2}{z}\geq \frac{(a+b+c)^2}{x+y+z},$$

with equality if and only if a/x = b/y = c/z. To prove this, we use the result just proved (for the case n = 2). We have:

$$\frac{a^2}{x} + \frac{b^2}{y} + \frac{c^2}{z} \ge \frac{(a+b)^2}{x+y} + \frac{c^2}{z}$$
$$\ge \frac{(a+b+c)^2}{x+y+z} \qquad \text{(by applying the result once again)}$$

The condition for equality should be clear: a/x = b/y = c/z.

The extension to the general case is now a matter of detail; we do not give the steps here.

Some applications of the Cauchy-Schwartz inequality

We now look at some inequalities that make use of the Cauchy-Schwartz inequality.

Example 1: Nesbitt's inequality. For positive real numbers *a*, *b*, *c*, prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \ge \frac{3}{2}.$$
(4)

We had proved this inequality in the first part of this series, but we give a different approach now.

Proof. The solution is from [1]. Adding 1 to each term, the inequality is transformed to:

$$(a+b+c)\cdot\left(\frac{1}{b+c}+\frac{1}{c+a}+\frac{1}{a+b}\right) \ge \frac{9}{2}$$

Let $x = \sqrt{b+c}$, $y = \sqrt{c+a}$, $z = \sqrt{a+b}$, so that $x^2 + y^2 + z^2 = 2(a+b+c)$. Then the inequality may be rewritten as:

$$(x^2 + y^2 + z^2) \cdot \left(\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2}\right) \ge 9.$$

This now follows immediately from the Cauchy-Schwartz inequality, for we have:

$$\left(x^{2} + y^{2} + z^{2}\right) \cdot \left(\frac{1}{x^{2}} + \frac{1}{y^{2}} + \frac{1}{z^{2}}\right) \ge \left(x \cdot \frac{1}{x} + y \cdot \frac{1}{y} + z \cdot \frac{1}{z}\right)^{2} = 9.$$

Example 2: A problem from IMO 1995. Prove that for any three positive real numbers a, b, c such that the product abc = 1,

$$\frac{1}{a^3(b+c)} + \frac{1}{b^3(c+a)} + \frac{1}{c^3(a+b)} \ge \frac{3}{2}.$$
(5)

Proof. The solution is from [1]. We use the alternative form of the Cauchy-Schwartz inequality. Let x = 1/a, y = 1/b, z = 1/c. Then by the given condition we obtain xyz = 1. Note that

$$\frac{1}{a^3(b+c)} + \frac{1}{b^3(c+a)} + \frac{1}{c^3(a+b)}$$

= $\frac{1}{(1/x^3)(1/y+1/z)} + \frac{1}{(1/y^3)(1/z+1/x)} + \frac{1}{(1/z^3)(1/x+1/y)}$
= $\frac{x^2}{y+z} + \frac{y^2}{z+x} + \frac{z^2}{x+y}.$

Now by the Cauchy-Schwartz inequality (in its 'alternative form'),

$$\frac{x^2}{y+z} + \frac{y^2}{z+x} + \frac{z^2}{x+y} \ge \frac{(x+y+z)^2}{2(x+y+z)} = \frac{x+y+z}{2}$$
$$\ge 3 \cdot \frac{(xyz)^{1/3}}{2} = \frac{3}{2}.$$

Example 3. Prove that for all $a, b, c \ge 1$,

$$\sqrt{a^2 - 1} + \sqrt{b^2 - 1} + \sqrt{c^2 - 1} \le \frac{ab + bc + ca}{2}.$$
(6)

The problem was posted on Leo Giugiuc's *Cut-The-Knot* Math Facebook page by Professor Dorin Marghidanu. The proof was given by C. Nanuti, D.Trailescu, D. Sitaru and L. Giugiuc.

Proof. Let $x = \sqrt{a^2 - 1}$, $y = \sqrt{b^2 - 1}$, $z = \sqrt{c^2 - 1}$; then $x, y, z \ge 0$. By the Cauchy-Schwartz inequality,

$$\sqrt{x^2+1}\sqrt{y^2+1} = \sqrt{x^2+1}\sqrt{1+y^2} \ge x+y.$$

So we have, by addition,

$$\overline{x^2+1}\sqrt{y^2+1} + \sqrt{y^2+1}\sqrt{z^2+1} + \sqrt{z^2+1}\sqrt{x^2+1} \ge 2(x+y+z).$$

In other words we have:

$$ab + bc + ca \ge 2\left(\sqrt{a^2 - 1} + \sqrt{b^2 - 1} + \sqrt{c^2 - 1}\right),$$

which is the required inequality.

 $\sqrt{}$

Equality holds if and only if x = y = z = 1, i.e., if and only if $a = b = c = \sqrt{2}$.

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